

## Maintain fluid intake

Bleeding and some clotting is to be expected for up to 8 weeks after the procedure. If you do see blood, you should increase your oral fluid intake to at least two to three litres of fluid per day (unless you have any medical reason not to do so) and you can back off on your fluid intake if your urine is clear.

If you develop excessively bright blood in your urine or experience an inability to pass urine, you should contact the doctor who performed your surgery.

You should try to have plenty of fibre in your diet and should you experience any problems with constipation, it is critically important that you do not strain and if you require help, you should see your pharmacist or family doctor.

A relatively common side effect of the surgery is what is known as retrograde ejaculation - this refers to the absence of any fluid when you have a sexual orgasm.

Most patients are able to return to their jobs within a week of the procedure.

## **What are the Possible Risks?**

There is a very high success rate associated with TURP, however like any surgery, there are still risks that need to be considered.

The risk of having significant bleeding is very small and it is very uncommon for anybody to require a blood transfusion.

There is a small risk of developing an infection in the urine, although this risk is minimised by the routine administration of antibiotics at the time of surgery.

There is a tiny risk of being rendered incontinent, which means that you would not have any control over your urine at all. This is fortunately a rare complication (less than 0.5%) and even in this unlikely event, treatment is available.

There is an approximately an 8-10% chance that you will lose your ability to have a penile erection and again in this event, there are very effective treatments available.

## **Getting the Results**

A follow up consultation approximately 6-8 weeks after the procedure will be made for you to discuss the results with the Doctor.

## **Claiming Benefits - Medicare and Private Health Fund.**

Medicare and your Private Health Fund will both assist you in payment of this operation.